

## The patient's guide to Ambulatory Emergency Care

---

Contact details  
"name@yourtrust.nhs.uk"  
"00000 000000".

Reviewed date:  
Leaflet number:

**What is Ambulatory Emergency Care?**  
Ambulatory Emergency Care (sometimes called AEC) is a new service, which offers same day Emergency Care to patients at the hospital. This means that patients are assessed, diagnosed, treated and are able to go home the same day, without being admitted into hospital overnight.

# How does Ambulatory Emergency Care work?

This Guide gives an overview about how the service works, in six simple steps. Please be aware that your individual journey through Ambulatory Emergency Care may vary slightly.

**1**

## **Before You Arrive**

You may have been referred to the Ambulatory Emergency Care by your GP, A & E or some other route.

**2**

## **Arrive at AEC**

You will be greeted by a member of staff, who will introduce themselves and the unit facilities. You will also be given an indication of how long you will be on the unit.

**3**

## **Initial Assessment**

A nurse or doctor will undertake an Initial Assessment, where they will ask you to explain your symptoms and the background to your illness.

**4**

## **Investigations**

You may have to wait while staff arrange investigations, such as xrays, blood tests and/or scans.

**5**

## **Treatment**

Once the results from your tests are known the staff will create a treatment plan for you, which will usually begin on the unit. Where possible arrangements will be made for you to continue the treatment at your place of residence.

**6**

## **Next Steps**

Once your care in Ambulatory Emergency Care is complete you can go home. The staff will let you know the next steps for your treatment before you leave, which may include return to the unit for continued treatment and review. If you have any queries or concerns after you leave the unit please call us to discuss or if your conditions worsens call your family doctor.

## **Your Progress Bar**

Use this bar to cross off each stage as you progress through the service

